

## **RD-21262**

Seat No. \_\_\_\_\_

## First Year (Basic) B. Sc. (Nursing) Examination February - 2019

## Nutrition & Biochemistry

(New Course)

Time: Hoursl [Total Marks: **Instructions:** All sections are compulsory. 2 Write each section in separate Answer book. SECTION - I (Nutrition) (Marks : 38) Long Essay: (Any one) 1  $1 \times 15 = 15$ (a) What are vitamins? 2 1 3 **(b)** Classify vitamins based on their solubility. Explain in detail about Vitamin A. 10 (c) OR (a) Define cooking. 2 1 Benefits of cooking. (b) 3 Write about various methods of cooking. 10 (c) 2 Write short answer on following: (Any three)  $3 \times 5 = 15$ Nutritional problems in India. 1. 2. PEM. Functions of protein in our body. 3. National Iodine deficiency disorder program. 4. Food adulteration. 5. 3 Briefly answer the following: (Any four)  $4 \times 2 = 8$ BMI1. 2. Weaning Define balanced diet 3. 4. Calcium Vitamin K deficiency 5. Define Pasteurization. 6.

## SECTION - II (Biochemistry) (Marks: 30)

1	Long Essay: (Any 1 out of two)		$1 \times 10 = 10$
	a)	Define the Glycolysis.	2
	b)	Explain the Glycolysis cycle in detail.	8
		OR	
	a)	Define osmosis.	2
	b)	Explain transport mechanism of sodium ion o	n the 4
		basis of osmosis principal.	
	c)	pH buffers.	4
2	Short Essay: (Any 3 out of 5)		3×5=15
	a)	Difference between prokaryotic cell and eukary	yote cell
	b)	Regulation of blood glucose level	
	c)	Vitamin D	
	d)	Enzymes	
	e)	Immunoglobulin.	
3	Short Answers: (Any 5 out of 6)		1×5=5
	a)	Glucocorticoids	
	b)	Functions of Golgi apparatus	
	c)	Food sources of Vitamin E	
	d)	Two example of lipoprotein	
	e)	Two uses of amino acid	
	f)	ELISA.	